### Week 4 - L07 Faster than GD: Accelerated Methods

CS 295 Optimization for Machine Learning Ioannis Panageas

### Recap (GD)

**Theorem (Gradient Descent).** Let  $f : \mathbb{R}^d \to \mathbb{R}$  be differentiable, convex (want to minimize) and L-smooth. Let  $R = ||x_1 - x^*||_2$ . It holds for  $T = \frac{2R^2L}{\epsilon}$ 

$$f(x_{T+1}) - f(x^*) \le \epsilon,$$

with appropriately choosing  $\alpha = \frac{1}{L}$ .

### Remarks

- Speed of convergence is independent of dimension *d*.
- This result gives a rate of  $O\left(\frac{L}{\epsilon}\right)$ .

### Recap (GD) cont.

**Theorem (Gradient Descent).** Let  $f : \mathbb{R}^d \to \mathbb{R}$  be differentiable,  $\mu$ -strongly convex (want to minimize) and L-smooth. Let  $R = ||x_1 - x^*||_2$ . It holds for  $T = \frac{2L}{\mu} \ln \left(\frac{R}{\epsilon}\right)$  $||x_T - x^*||_2 \le \epsilon$ ,

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### Can we do better?

### **Accelerated Gradient Descent** (Nesterov)

**Definition** (Accelerated Gradient Descent). Let  $f : \mathbb{R}^d \to \mathbb{R}$  be a differentiable function. The Accelerated Gradient Descent is defined as follows:

- 1. Initialization  $x_1, y_1 = x_1$ , stepsize  $\eta$ .
- 2. For t=1 ... T do

3. 
$$y_{t+1} = x_t - \eta \nabla f(x_t)$$

- 3.  $y_{t+1} = x_t \eta \nabla f(x_t)$ 4.  $x_{t+1} = (1 + \gamma_t)y_{t+1} \gamma_t y_t = y_{t+1} + \gamma_t (y_{t+1} y_t).$ 5. End For

Remarks

- Introduced by Nesterov in 1983.  $y_{t+1} y_t$  is called momentum.
- $\gamma_t$  is a sequence independent of  $x_t$  and  $\gamma_t \ge 0$  for all t.

**Theorem (Strongly convex case).** Let  $f : \mathbb{R}^n \to \mathbb{R}$  be a twice differentiable function, L-smooth and  $\mu$ -strongly convex function. Assume that  $x^*$  is the minimizer and set  $\gamma_t := \frac{\sqrt{\kappa}-1}{\sqrt{\kappa}+1}$  and  $\eta = \frac{1}{L}$ . Then it holds that

$$f(y_{t+1}) - f(x^*) \le \frac{L+\mu}{2} ||x_1 - x^*||_2^2 e^{-\frac{t}{\sqrt{k}}},$$

*hence we reach*  $\epsilon$ *-close in*  $\ell_2$  *after*  $T := \sqrt{\frac{L}{\mu}} \log\left(\frac{R^2(L+\mu)}{\epsilon}\right)$  *iterations.* 

### Remarks

• This result gives a rate of  $O\left(\sqrt{\frac{L}{\mu}\log\frac{1}{\epsilon}}\right)$ .

*Proof.* We define the following sequence of functions:

• 
$$\Phi_1(x) = f(x_1) + \frac{\mu}{2} ||x - x_1||_2^2$$

• 
$$\Phi_{s+1}(x) = \left(1 - \frac{1}{\sqrt{\kappa}}\right) \Phi_s(x) + \frac{1}{\sqrt{k}} \left(f(x_s) + \nabla f(x_s)^\top (x - x_s) + \frac{\mu}{2} \|x - x_s\|_2^2\right).$$

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Intuitively,  $\Phi_s(x)$  is a finer approximation from below of f(x). Formally:

Claim (Approximation).

$$\Phi_{s+1} \le f(x) + \left(1 - \frac{1}{\sqrt{\kappa}}\right)^s (\Phi_1(x) - f(x)).$$

Proof of Claim.

$$\Phi_{t+1}(x) = \left(1 - \frac{1}{\sqrt{\kappa}}\right) \Phi_t(x) + \frac{1}{\sqrt{\kappa}} \left(f(x_t) + \nabla f(x_t)^\top (x - x_t) + \frac{\mu}{2} \|x - x_t\|_2^2\right)$$

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$$\leq \left(1 - \frac{1}{\sqrt{\kappa}}\right) \Phi_t(x) + \frac{1}{\sqrt{\kappa}} f(x) \text{ from strong convexity,}$$

Proof of Claim.

$$\begin{split} \Phi_{t+1}(x) &= \left(1 - \frac{1}{\sqrt{\kappa}}\right) \Phi_t(x) + \frac{1}{\sqrt{\kappa}} \left(f(x_t) + \nabla f(x_t)^\top (x - x_t) + \frac{\mu}{2} \|x - x_t\|_2^2\right) \\ &\leq \left(1 - \frac{1}{\sqrt{\kappa}}\right) \Phi_t(x) + \frac{1}{\sqrt{\kappa}} f(x) \text{ from strong convexity,} \\ &= f(x) + \left(1 - \frac{1}{\sqrt{\kappa}}\right) \left(\Phi_t(x) - f(x)\right). \end{split}$$

Therefore 
$$\Phi_{t+1}(x) - f(x) \le \left(1 - \frac{1}{\sqrt{\kappa}}\right) (\Phi_t(x) - f(x)).$$

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Therefore  $\Phi_{t+1}(x) - f(x) \le \left(1 - \frac{1}{\sqrt{\kappa}}\right) (\Phi_t(x) - f(x)).$ Telescopic product:  $\Phi_{t+1}(x) - f(x) \le \left(1 - \frac{1}{\sqrt{\kappa}}\right)^t (\Phi_1(x) - f(x)).$ 

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$$f(y_s) - f(x^*) \le \Phi_t(x^*) - f(x^*) \\ \le \left(1 - \frac{1}{\sqrt{\kappa}}\right)^t (\Phi_1(x^*) - f(x^*))$$

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$$\le \left(1 - \frac{1}{\sqrt{\kappa}}\right)^t (f(x_1) - f(x^*) + \frac{\mu}{2} ||x_1 - x^*||_2^2)$$

### **Optimization for Machine Learning**

Proof cont.

W Since 
$$f(x_1) - f(x^*) \le \underbrace{\nabla f(x^*)^\top (x_1 - x^*)}_{=0} + \frac{L}{2} ||x_1 - x^*||_2^2$$
, we get  
 $f(y_s) - f(x^*) \le \left(1 - \frac{1}{\sqrt{\kappa}}\right)^t \frac{L+\mu}{2} ||x_1 - x^*||_2^2$ 

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### **Optimization for Machine Learning**

Proof of second Claim. Let's use GD now and induction. For s = 1 we have  $f(y_1) \leq \min_x \Phi_1(x)$  (why?)

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 $f(y_{s+1}) \le f(x_s) - \frac{1}{2L} \|\nabla f(x_s)\|_2^2$  (descent lemma),

$$= \left(1 - \frac{1}{\sqrt{\kappa}}\right)f(y_s) + \left(1 - \frac{1}{\sqrt{\kappa}}\right)(f(x_s) - f(y_s)) + \frac{1}{\sqrt{\kappa}}f(x_s) - \frac{1}{2L} \|\nabla f(x_s)\|_2^2$$

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$$\widehat{\leq} \quad \left(1 - \frac{1}{\sqrt{\kappa}}\right) \Phi_s^* + \left(1 - \frac{1}{\sqrt{\kappa}}\right) \left(f(x_s) - f(y_s)\right) + \frac{1}{\sqrt{\kappa}} f(x_s) - \frac{1}{2L} \left\|\nabla f(x_s)\right\|_2^2$$

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Proof of second Claim cont. Observe that  $\nabla^2 \Phi_s(x) = \mu I_d$ ,

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Since  $\nabla \Phi_{s+1}(x) = \mu (1 - \frac{1}{\sqrt{\kappa}})(x - v_s) + \frac{1}{\sqrt{\kappa}} \nabla f(x_s) + (1 - \frac{1}{\sqrt{\kappa}})(x - x_s)$  and  $v_{s+1}$  is a minimizer of  $\Phi_{s+1}$  (that is  $\nabla \Phi_{s+1}(v_{s+1}) = 0$ ) we can find a relation for  $v_{s+1}, v_s$ .

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Evaluating  $\Phi_{s+1}$  at  $x_s$  we have

$$\Phi_{s+1}^* + \frac{\mu}{2} \|x_s - v_{s+1}\|_2^2 = (1 - \frac{1}{\sqrt{\kappa}})\Phi_s^* + \frac{\mu}{2}(1 - \frac{1}{\sqrt{\kappa}}) \|x_s - v_s\|_2^2 + \frac{1}{\sqrt{\kappa}}f(x_s)$$

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Two last observations:

• 
$$||x_s - v_{s+1}||_2^2$$
 is equal to

$$= (1 - \frac{1}{\sqrt{\kappa}}) \|x_s - v_s\|_2^2 + \frac{1}{\mu^2 \kappa} \|\nabla f(x_s)\|_2^2 - \frac{2}{\mu \sqrt{\kappa}} \nabla f(x_s)^\top (v_s - x_s),$$

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• Assume  $v_s - x_s = \sqrt{\kappa}(x_s - y_s)$  then by induction

$$v_{s+1} - x_{s+1} = \left(1 - \frac{1}{\sqrt{\kappa}}\right)v_s + \frac{1}{\sqrt{\kappa}}x_s - \frac{1}{\mu\sqrt{\kappa}}\nabla f(x_s) - x_{s+1}$$
$$= \sqrt{\kappa}x_s - \left(\sqrt{\kappa} - 1\right)y_s - \frac{\sqrt{\kappa}}{L}\nabla f(x_s) - x_{s+1}$$

### **Optimization for Machine Learning**

Proof of second Claim cont.

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$$\begin{aligned} v_{s+1} - x_{s+1} &= (1 - \frac{1}{\sqrt{\kappa}})v_s + \frac{1}{\sqrt{\kappa}}x_s - \frac{1}{\mu\sqrt{\kappa}}\nabla f(x_s) - x_{s+1} \\ &= \sqrt{\kappa}x_s - (\sqrt{\kappa} - 1)y_s - \frac{\sqrt{\kappa}}{L}\nabla f(x_s) - x_{s+1} \\ &= \sqrt{\kappa}y_{s+1} - (\sqrt{\kappa} - 1)y_s - x_{s+1} = \sqrt{\kappa}(x_{s+1} - y_{s+1}) \end{aligned}$$
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### Analysis for smooth convex functions

**Theorem (L-smooth case).** Let  $f : \mathbb{R}^n \to \mathbb{R}$  be a twice differentiable function, L-smooth. Assume that  $x^*$  is the minimizer and set  $\eta = \frac{1}{L}$ ,  $\gamma_t := \frac{\lambda_t - 1}{\lambda_{t+1}}$  where  $\lambda_0 = 0$ 

and  $\lambda_t = \frac{1+\sqrt{1+4\lambda_{t-1}^2}}{2}$ . Then it holds that

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Remarks

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### Remark, this is the best you can do provably!

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### Conclusion

- Introduction to Accelerated Methods.
  - L-smooth and strongly convex cases.
  - Better rates of convergence (tight)
- Next lecture we will talk about non-convex optimization.